



2021 FALL PROTECTION PROGRAM (FPP)

Objective	Provide a comprehensive and compliant Fall Protection Program
Intended Audience	Bay Club Associates expected to work between above 4 feet on Ladders, around Fall Protection Equipment, above 7 ½ feet using Personal Fall Protection Equipment, and Aerial Lift Operators
Required Documents	TBCC Fall Protection Program Training Guidelines and Participation Form

PROGRAM GOALS:

- The primary goal of this Fall Protection Program (FPP) is to protect any TBCC Associates from falls. Falls can occur on the same level or from heights. TBCC has different programs to protect from Falls:
 - 1) Slips, Trips and Falls Prevention Program: Falls on the same level or in staircases.
 - 2) Ladder Safety Program: Falls from Ladders.
 - 3) Fall Protection Program: Falls from heights. The OSHA Standards are activated at different heights: 4', 6', 7 ½', 15', 24', depending on the activity or operation. These are "Trigger Heights", the height that triggers the applicable Standard.
- When possible, accepted control practices must be used to prevent fall hazards, using extension tools or stocking at a lower level for example. Increase awareness in engineering and administrative controls for certain tasks or positions and modify as needed to protect Associates from fall hazards.
- When Fall Protection must be used, Managers and Supervisors are responsible to make sure that the equipment or PPE is:
 - Available at any time
 - Provided as needed
 - Used per Mfg. recommendations (Authorized for Use)
 - Maintained in a sanitary and reliable condition / Inspected
 - Stored Properly
- Increase morale, productivity and quality

BAY CLUB LEADERSHIP RESPONSIBILITIES:

1. Read this program entirely before training or allowing someone to train front-line Associates. Trainers must use any and all material in this Fall Protection Program to secure good knowledge of its requirements.
2. Document Training of new associates (upon hire) and existing associates (yearly and as needed). Use "Fall Protection Program Training Guidelines".
3. Communicate with associates and encourage them to be more aware and obey safety rules
4. Report to Club General Manager and/or HR as necessary regarding any safety concerns
5. Report to any issues related to training OR implementation of this Program, including disciplinary and corrective actions

INTRODUCTION - *The Need for Fall Protection*

Falls are the leading cause of serious accidents and fatalities in the USA. This Fall Protection Program (FPP) applies to any Associates working as Aerial Lifts Operators, Building Maintenance, Climbing Walls Maintenance, Court Lights Maintenance, Roof Maintenance, and any TBCC Associate working near an unprotected leading edge where a fall of 4 feet or greater can occur. This program also applies to any Outside Contractors working within a TBCC location. Outside Contractors generally have their own Fall Protection Program. Many applicable OSHA regulations are listed in Section 6, including General Industry and Construction Safety Orders.

In the course of "regular daily operations", fall hazards must be assessed in advance and eliminated when possible through engineering or administrative means (Extension Tools, Guardrails, Railing, Flag Lines), When fall hazards cannot be eliminated or protected, the use of equipment (Aerial Lifts), including Personal Protective Equipment (PPE) such as Personal Fall Arrest and Restraint Systems, can be used. Individuals using any Fall Protection equipment or PPE must be properly trained and authorized before using such equipment or PPE.

During a Pandemic, make sure you sanitize fall protection equipment surfaces BEFORE and AFTER use. Requirements may be imposed (and enforced) by Federal, State, County or City Administrations through their Health Departments, under the guidance of the United States Center for Disease Control. All persons must comply with these requirements in order to work at, or enter any of The Bay Club locations.

Managers must read this program to acquire general awareness to protect workers from falls. After reading this program or being trained by another, Managers, Supervisors and Associates must complete the FPP Participation Form to document their understanding of the program and their agreement to comply with its requirements.

☞ **Death or serious injury can occur when fall protection is not used properly.**



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This program covers:

1. Responsibilities
2. Training
3. Hazard Assessment / Fall Protection Work Plan / Rescue Plan
4. Selecting and Dispensing fall protection
5. Care of Fall Protection
6. Safety Standards - California and Federal (Oregon)

1. Responsibilities:

The Program Administrators of this plan at each Bay Club location are the General Managers, their Department Managers Team and the Club Safety Officers. The Administrators must work in full collaboration to make sure all safety measures in this program are followed and report activities under this program to HR.

TBCC's Human Resources (HR) is responsible to maintain this program and make it available to all Managers, Supervisors and Associates with instructions to read and comply.

General Managers (GM) are responsible to make sure their Department Managers and Supervisors are enforcing this plan. GMs must report to HR on progress and deficiencies.

Department Managers and Supervisors are responsible to conduct and document the following:

- A. **Hazard Assessment** – Managers and Supervisors must assess the hazards and exposures that may require fall protection, including the use of any Aerial Work Platforms, Fall Protection Work Plan, Fall Protection Rescue Plan, Training, Operator's Certification, PPE and Certification Form for the position that requires PPE, and any devices such as guardrails, flag lines, warning signage, etc.
- B. **Determine PPE for the task and Inspections** – Managers must obtain input from the users and Supervisors in selecting appropriate equipment (size, type). All Fall Protection equipment must be inspected bi-annually by a qualified Supervisor (qualified means that the Supervisor knows how to inspect fall protection equipment for optimum use).
- C. **Ordering PPE** - Purchasing the equipment. Planning in advance for critical PPE.
- D. **Training** Associates in the use and proper care of PPE, per Manufacturer recommendations. Anyone using Fall Protection equipment must have been trained on the equipment or machinery they use.
- E. **Assign appropriate PPE** and enforce its proper use.

Managers and Supervisors are responsible to make sure fall protection is used in accordance with the safety measures outlined in this program. Remember: Fall Protection in TBCC's operations can include Guardrails, Harnesses, Ladders, Someone holding a Ladder and Aerial Work Platforms (Aerial Lifts). In addition, during any construction/remodeling operations at TBCC, Fall Protection can also include Controlled Access Zone, Barriers, Life Lines and Flag Lines. Managers and Supervisors must be qualified to know which fall protection is best for the task performed and are expected to enforce the use of that protection. Follow these requirements before using fall protection:

1. TBCC has documented that the application of Administrative and Engineering controls cannot eliminate the hazard or reduce it to a non-hazardous level. Therefore Fall Protection is needed.
2. A Hazard Assessment Certification Form is completed for the position that requires the use of a harness.
3. Follow the requirements for the task. Aerial Work Platforms: Read the Operators Manual and follow its requirements on fall protection. Anyone using an AWP must be authorized by TBCC and have received proper training including equipment hands-on evaluation and instructions.
4. Use a Personal Fall Arrest System (PFAS) or Personal Fall Restraint System (PFRS), as needed for the task.
5. Manager / Supervisor are responsible to provide all forms of fall protection to associates, as needed:
 - a. Anyone at TBCC authorized to work in an area/on a task where fall protection is required must have received training by Manager or Supervisor. It must be documented with the General Manager and HR.
 - b. Used per Mfg. recommendations (Authorized for Use)
 - c. Maintained in a sanitary and reliable condition
 - d. Stored Properly

Associates are responsible to comply with this program and use fall protection, including their PPE, as required by Manufacturers, Operators Manuals, Safety Orders and training instructions.



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2. Training

Associates exposed to fall hazards must be trained by a Manager, Supervisor or Safety Representative competent to:

- a. Recognize potential fall hazards of work performed from any height, from level to level or from equipment to level.
- b. Know the correct procedures for using, erecting, maintaining, and inspecting fall protection systems.
- c. Correct deficiencies in any fall protection system BEFORE work commences.
- d. Stop any work performed by a TBCC Associate or outside contractor in violation of Fall Protection Safety Orders.

Managers and Supervisors are instructed to comply with the following:

- a. Associates expected to perform work up to 7 ½ feet above ground must be trained on Section 4. A, Ladders, and 4. B, Guardrails, of this program BEFORE performing any such work.
- b. Associates expected to perform work at 7 ½ feet or higher above ground level must be trained on all Sections of this program BEFORE performing any such work.
- c. Associates expected to operate an Aerial Work Platform (AWP), or Aerial Lift, to perform any work must be trained on all Sections of this program BEFORE performing any such work. In addition, any AWP operator must be properly trained and certified before TBCC can authorize that operator to use any AWP for TBCC. This is in compliance with [Title 8, CCR, Section 3638](#). A violation of this requirement is cause for termination of employment with TBCC associates, and termination of contract with TBCC's outside contractors. **Video:** [Genie Aerial Lift Operator Training](#).
- d. Training on this program must be refreshed annually, if it is not performed on an ongoing basis.
- e. At the time of training, an Associate must complete and sign a participation form to confirm the understanding of the program AND agree to comply with its requirements. Failure to demonstrate understanding requires further training. Failure to comply after demonstrating understanding may cause termination.

Fall Protection Training must address as applicable:

- ✓ Why fall protection is necessary for the task or position (review engineering and administrative controls)
- ✓ The nature, extent, and effects of fall hazards.
- ✓ Why specific fall protection is selected.
- ✓ An explanation of the operation, capabilities, and limitations of fall protection equipment.
- ✓ Instruction and training with regard to fall protection equipment and devices.
- ✓ How to properly put on, take off, adjust, and wear a personal fall arrest/restraint system
- ✓ The proper care, maintenance, storage, useful life, and disposal of any fall protection equipment
- ✓ Emergency situations involving fall protection equipment at TBCC
- ✓ Access to applicable fall protection standards.
- ✓ Opportunity for the trained Associate to:
 - Handle the equipment
 - Demonstrate that they understand the training
 - Demonstrate that they have the ability to use the equipment and PPE properly
 - Agree to comply with this program and report any deficiencies with the program, equipment and PPE

In the event an Associate demonstrates a lack of understanding during training or behaves in such a way that the Trainer, Supervisor or Manager has reasons to believe that the Associate is showing inability to understand and/or use the equipment **OR** appears to be intentionally ignoring the requirements for any fall protection equipment, that associate must be retrained before the use of said equipment resume or the associate must be assigned to a different task where such equipment or PPE is not used/needed.

If there are changes in the workplace or processes that change the exposures or type of fall protection to be used, all affected associates must be informed and trained or retrained on these changes if necessary.

3. Hazard Assessment:

Controlling exposures to occupational hazards is a fundamental way to protect workers. Conventionally, a hierarchy has been used to achieve feasible and effective controls. Multiple control strategies can be implemented concurrently and or sequentially. This hierarchy can be represented as follows:



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- Elimination
- Substitution
- Engineering controls
- Administrative controls
- Personal protective equipment (PPE)

For example, in order to clean high walls on a squash court from repeated balls strikes, you can use a tall ladder. You can substitute the ladder with an aerial lift to reduce the possibility of a fall. You can also eliminate the possibility of a fall by using an extension tool from the ground so there is no need to work in height. The risk of a fall is eliminated through engineering and administrative controls. The use of a harness in an aerial work platform to protect from a fall is the last form of protection.

Managers must assess if current or developing hazards are creating the need for fall protection and use of PPE. Department Managers must complete the Hazard Assessment Certification Forms for their department and conduct ongoing inspections of work areas to stay updated with hazards to which staff and Members are exposed. Here are some Certification Forms to help managers comply in this area: [Blank Form](#) - Department Managers: [GM](#) / [Tennis](#) / [Golf](#) / [Fitness](#) / [Childcare](#) / [Aquatics](#) / [Facilities](#) / [Cook](#) / [Housekeeping](#).

- A. **Fall Protection Work Plan** – Before any work above 7 ½ feet is conducted, a Fall Protection Work Plan must be conducted. The purpose is to know ahead of time the best path to achieving the work without risks. Also, the work plan is to prepare in case of an emergency. Here is a link to a work plan to change lights on a squash court: [Squash Court Lights](#)

A Fall Protection Work Plan consists of the following:

- Identify all fall hazards in the work area.
- Describe the method of fall arrest or fall restraint to be provided.
- Describe the correct procedures for the assembly, maintenance, inspection and disassembly of the fall protection system in place.
- Describe the correct procedures for handling, storage and securing of tools and materials being used.
- Describe the method of providing overhead protection for Associates working in the area.
- Describe the method for prompt, safe removal of any injured Associates in the work area.
- A copy of the plan must be available for review.

Prior to permitting any TBCC Associates into areas where a fall hazard exists, the supervisor must:

- Ensure that the Associate is trained on this fall protection program.
- Inspect all fall protection devices and systems to ensure compliance and safety.

- B. **Fall Protection Rescue Plan** - In the event a rescue is necessary a Supervisor must survey the work area, identify and assess any hazards and begin formulating a plan for the safe rescue of any Associates.
- If an Associate's injury appears minor a supervisor may evaluate their condition and administer first aid as necessary.
 - If the Associate's injury appears to be serious or if a call to rescue authorities is required (fire department, paramedics, etc), the supervisor is designated to call 911 and request immediate assistance.
 - The department manager must conduct an accident investigation and complete a report as soon as possible, but no longer than 48 hours, and provide appropriate actions to prevent a recurrence. Should the accident involve the failure of any fall protection device or platform, the damaged equipment must immediately be removed from service. The damaged equipment must be tagged (LO/TO) and turned in to the facilities manager for further evaluation, disposal and/or repair.

Whenever there is a change in process in the workplace that might introduce or change an exposure or hazard, the Manager and direct Supervisor must determine if there is a need for a change in procedure or PPE. These supplemental hazard assessments will be documented as often as possible using the Hazard Assessment Certification Form for that position, signed and dated by the person performing the assessment. Workplace Hazard Assessments must be reviewed on an annual basis.

4. Fall Protection Methods and Providing PPE

Selecting the proper fall protection method is the responsibility of Managers and Supervisors with the input from Associates performing the tasks or work activities. When necessary, these are the methods of fall protection used at TBCC:

- A. Ladders – Ladders are to be used to provide safe access to all elevations. Ladders must be inspected before each use for defects or broken components. If defects are discovered the ladder must be removed from service. A ladder’s feet must be placed on a substantial base and the area around the top and bottom of the ladder must be kept clear. Ladders must be positioned such that the base is approximately one-fourth the ladder’s length from the vertical plane of the top support. The ladder must extend at least 36-inches above the landing and must be tied or blocked to prevent its displacement while in use. For more information on ladders, Managers and Supervisors must read [TBCC’s Ladder Safety Plan](#)., and complete the [Training Participation Form](#).

TYPE:	TYPE IAA	TYPE IA	TYPE I	TYPE II	TYPE III
LOAD CAPACITY:	375 pounds	300 pounds	250 pounds	225 pounds	200 pounds
RELATED USE:	Special Duty Professional Use	Extra Heavy Duty Industrial Use	Heavy Duty Industrial Use	Medium Duty Commercial Use	Light Duty Household Use
					

- B. Guardrails and Railings – Temporary or Permanent Guardrails and Railings can be used to protect against falls (i.e. in storage area). For specifications on guardrails construction see [Title 8, Section 3209](#) and [Title 8, Section 3210](#)



- C. Aerial Work Platforms – AWP (aerial lifts) – Whenever possible, access to elevated work areas will be provided by the use of hydraulic AWP, or aerial lifts. In certain activities, using an aerial lift can minimize exposure to falls. Associates must be trained, certified and authorized in order to operate an aerial lift. Managers, Supervisors and Operators must be familiar with Operators Manual (OM) of the equipment they operate and must have been trained on the [video Genie Aerial Lift Operator Training](#) with the [Aerial Work Platform Operator’s Training Guide](#). The use of an aerial lift by an associate or contractor who is not trained or authorized is cause for termination (*Contractors: immediate removal of worker from property*). When working from an aerial lift, the ground surface must be level and firm and the operator must be secured using a PFAS or PFRS.



- D. Harnesses: The use of a harness becomes necessary in situations where the work exposes an Associate to the possibility of a fall of 7 ½ feet or higher from the perimeter of a structure, unprotected sides and edges, and/or leading edges, through shaftways and openings, sloped roof surfaces steeper than 7:12, or other sloped surfaces steeper than 40 degrees not otherwise adequately protected under the provisions of the Orders specified in [Title 8, Section 1670, Personal Fall Arrest Systems \(PFAS\), Personal Fall Restraint Systems \(PFRS\) and Positioning Devices](#).



Devices used to secure Associates to an anchorage point will include the use of lanyards, lifelines, retractable devices, and/or rope grabs. When selecting an anchorage device the supervisor must determine the Associates’ mobility needs during the task and provide the most practical means of protection. The device used is dictated by the nature of the task. The device used is also key to controlling a fall hazard properly and to the greatest extent.



TBCC shall provide Harnesses at no cost to the affected Associates. A Manager or Supervisor responsible to provide a Harness to an Associate must verify with HR that the Associate is authorized to use the Harness. No work can be performed with a Harness BEFORE the Supervisor has verified in writing such authorization with the General Manager and/or HR.

Harness Inspection and Proper Use Procedures - Harnesses and lanyards are made to perform to the performance standards set by OSHA and the American National Safety Institute (ANSI). These standards provide for strength, durability and dependability while satisfying a wide range of job requirements. To maintain the devices’ service life, approximately 5 years, all harnesses must be inspected before each use. Fall protection equipment and parts must be replaced immediately if any defects are found during routine inspection.



Proper Use and Testing of Personal Fall Arrest/Restraint Systems - All fall arrest/restraint equipment must be approved by CalOSHA and used in accordance with the manufacturer’s recommendations.

- The maximum working load of shock-absorbing lanyards is 310 lbs, unless otherwise stated.
- Lanyards should be connected to the back D-ring of a full body harness.
- Snap hooks with a gate opening larger than 1-inch must not be connected to a D-ring.
- The anchoring end of the lanyard must be secured to a substantial part of the structure or to a securely rigged horizontal life line. Lanyards may not be attached to bar joists.



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- e. Anchorage point strength must be a minimum of 5,000 lbs per Associate. If two Associates are anchored to the same anchorage point then 10,000 lbs are required and so on.
- f. The anchorage point must be capable of sustaining a load four times that of the intended load.
- g. The lanyard may not exceed the length specified by the manufacturer.
- h. Snap hooks and Carabiners must freely engage D-rings and anchor points.
- i. Keepers must be completely closed and locked.
- j. Snap hooks must not be front or side load-bearing.
- k. Never disable or restrict snap hook locking keepers or alter lanyards.
- l. Do not attach multiple lanyards together, attach a lanyard back onto itself, tie knots in lanyards or use lanyards for purposes other than what they were designed for.
- m. Check for obstruction below the work area to make sure that the potential fall path is clear.
- n. Anchor lanyards in a manner that limits free fall to 2 feet. Shock absorbers can elongate by as much as 3 ½ feet. This elongation distance, total length of the lanyard, and height of the worker must all be considered when choosing an anchorage point. A 3 foot safety factor should also be added to account for any stretching of system components, variations in worker height and the possibility of an improperly fitting harness.
- o. Synthetic materials, such as nylon and polyester, must be protected from weld splatter, sparks, open flames or other heat sources, as well as from electrical hazards and moving machinery.
- p. Visually inspect fall protection equipment prior to each use. Check for cuts, snags or breaks. Swelling, discoloration, cracks, hard or shinny spots. A brittle feel and charring are signs of chemical or heat damage. Defective units must be removed from service and replaced with an acceptable device.
- q. Any lanyard that has been subjected to impact loading of any kind must be immediately removed from service.

5. Safety Standards: California and Federal (Oregon)

The California Safety Standard is traditionally stricter than the Federal Standard that applies in other states, including Oregon. Below are links to these Standards, including an Index for all regulations for California, and a link to the Oregon Administrative Rules – Chapter 437.

When the work is of short duration (i.e. non-repetitive) and limited exposure, and the hazards involved in rigging and installing the safety device equals or exceeds the hazards involved in performing the actual work, these provisions may be temporarily suspended, provided adequate risk control is recognized and maintained under immediate, competent supervision.

California (Title 8) [Regulations - Index](#)

General Industry

- Guardrails, Elevated Locations [GISO, §3210](#)
- [Powered Platforms and Equipment for Building Maintenance](#)

Construction

- [§1669. General.](#)
- [§1670. Personal Fall Arrest Systems, Personal Fall Restraint Systems and Positioning Devices.](#)
- [§1671.1. Fall Protection Plan.](#)
- [§1671.2. Controlled Access Zones and Safety Monitoring Systems.](#)

Federal ([Oregon Administrative Rules – Chapter 437](#))

General Industry

- [1910 Subpart D](#) - Walking-Working Surfaces
- [1910.22](#), General Requirements
- [1910.23](#), Ladders
- [1910.25](#), Stairways
- [1910 Subpart F](#) - Powered Platforms, Manlifts, and Vehicle-Mounted Work Platforms

Construction Industry

- [Fall Protection - Construction Standards](#)

RECORDS:

Records from each Club associated with this program are maintained by Club Managers and are available to HR for review and audit at any time. HR maintains records it receives or collects from each club in The Bay Club Company digital folders and files.

Program evaluation

Regular field inspections and evaluation must be conducted to assure the continued effectiveness of this program. Managers and Supervisors must monitor the use of fall protection to ensure that the equipment is used properly. Immediate action will be taken to correct any shortcomings identified in this program.

Enforcement procedures

This program is intended to comply with OSHA Standards to protect from fall hazards. If anyone authorized and required to wear fall protection equipment is observed not wearing it when required, or misusing it, that individual is in violation of Safety Orders and may be subject to disciplinary action, including termination. Violations must be reported to Human Resources.

Please contact Human Resources with any questions | 888.830.7160 | hr@bayclubs.com



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ADDITIONAL RESOURCES:

The material and links below must be used as additional assistance for Managers and Trainers to help raise their awareness about fall hazards and Fall Protection and how they can use the material to best communicate with their teams.

Source Website	Material / Link (Review and use as appropriate)	Audience
CalOSHA	1) Fact Sheet: Fall Protection in Construction (2 pages)	- Managers / Trainers - AWP Operators
Oregon OSHA Fact Sheets Library	2) ** Video: Fundamentals of Fall Protection - Full Length Training Course (2:03:30) 3) Watch this video in its entirety and use segments of 5-10 minutes for ongoing training with anyone using a PFAS or PFRS. 4) Video: Self-Retracting Lifelines (SRLs) (6:16) Use for Wall Climbing Maintenance Operations 5) Video: How to Put on a Fall Protection Harness How to inspect a Harness 6) Fact Sheet: Fall Protection Trigger Height for General Industry 7) Fact Sheet: Fall Protection Trigger Height for Construction Industry 8) Fact Sheet: Fall Protection - Requirement for Competent Persons (2 pages)	- Managers / Trainers - AWP Operators Watch and use for training, whole or in segments, as applicable
FedOSHA	9) Fact Sheet: OSHA’s Final Rule to Update, Align, and Provide Greater Flexibility in its General Industry Walking/Working Surfaces and Fall Protection Standards (3 pages) 10) Fact Sheet: Aerial Lifts (2 pages)	- Managers / Trainers - AWP Operators
CDC / NIOSH	11) **Video: Take Pride in Your Job: Fall Protection (10:03) 12) The purpose of the video is to raise awareness of fall injuries and to provide information about the use, proper fit, and inspection of fall protection. Although this is for the oil industry, the principles apply to anyone who uses fall protection.	- Managers / Trainers - AWP Operators
* / ** Other Training Material / Videos	13) Video: Fall Protection (3:00) – This is helpful for anyone using Fall Protection, even though this was created for construction workers in the State of Montana 14) Video: Portable Ladder Safety Training (19:30) Ladders: The most dangerous Tool (10:25) 15) Video: How to Rescue a Fallen Worker Fall Protection (11:25) 16) Free Online Courses: Fall Protection Ladders	- Managers / Trainers <u>Watch BEFORE sharing with Associates</u> - AWP Operators
TBCC Safety Tips	17) Facilities / Maintenance: Roof Maintenance, Ladders and Fall Protection - English 18) TBCC Safety Tips Library - Safety Tips are used for ongoing training and compliance.	- Post in working areas

* Mandatory for Trainers, Managers and AWP Operators to reinforce understanding and knowledge

** Mandatory for Trainers, Managers and AWP Operators – Sharing with Associates is acceptable and encouraged as time allows



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Appendix A – Training Participation Form



Fall Protection – Training Participant Form

I, _____, acknowledge I have been trained on and know how to access a copy of The Bay Club Company's Fall Protection Program. I understand this training, and I will support and follow this program during my daily work at TBCC.

Please answer the following questions regarding the Fall Protection Program:

1. The Fall Protection Program applies anytime an Associate is exposed to a potential fall from an elevated location of _____ feet and above.
2. Name a situation where a Personal Fall Arrest System would be required:

3. Prior to permitting any TBCC Associates into areas where a fall hazard exists, the supervisor must make sure of two things:
1) _____
2) _____
4. Who is authorized to use an aerial lift at TBCC? (check all that apply)
 - GMs & DHs automatically because they are supervisors
 - Qualified Associates or Managers Certified by TBCC
 - Any operator holding a certification card to operate an aerial lift
5. Under the OSHA Standard, a "competent person" is qualified to: (check all that apply)
 - Recognize fall hazards
 - Know the correct procedures for using, erecting, maintaining, and inspecting fall protection systems
 - Have the authority to correct deficiencies in any fall protection system
6. Ladders must be positioned such that the base is approximately (choose the correct response below) the ladder's length from the vertical plane of the top support.
 - one-half
 - one-fourth
 - one-tenth

Associate Printed Name & ID	Signature	Date
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Mgr./Supervisor Printed Name	Signature	Date
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